



Société Nautique de Larmor-Plage
Friday 21 June 2024 – Monday 24 June 2024
Larmor-Plage



SAILING INSTRUCTIONS
European RS800 - Eurocup RS400

The notation [NP] in a rule means that a boat cannot protest (No protest) against another boat when infringing this rule. This changes RRS 60.1(a).

The notation [DP] in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

- 1.1 The event is governed by the rules as defined in the *Racing Rules of Sailing*.
- 1.2 In case of translation of these SIs, the French text will prevail.
- 1.3 Sports events are above all a space for exchange and sharing, accessible to all. As such, competitors and support persons are asked to behave in all circumstances, ashore and on the water, in a courteous and respectful manner regardless of the origin, gender or sexual orientation of other participants or accompanying persons. A competitor or accompanying person who does not respect these principles may be penalized according to RRS 2 or 69.

2. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the SIs will be posted on the Official Notice Board (ONB) no later than 2 hours before the warning signal of the race where it will take effect, except that any change to the schedule of races will be posted before 20:00hrs on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the ONB located on the windows of SNL Club House.

4. CODE OF CONDUCT [DP] [NP]

Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore are displayed on the flagpole on the SNL Club House terrace.
- 5.2 When flag AP is displayed ashore, the warning signal will not be made less than 60 minutes after flag AP is removed. This changes Race Signals AP.
- 5.3 [DP] Flag "D" displayed with one sound signal means "Boats are not allowed to leave shore". The warning signal will not be made before the scheduled time or less than 60 minutes after flag "D" is removed.

6. SCHEDULE OF RACES

- 6.1 Racing for RS400 & RS800:

Date	Races/day	Maximum/day	First Warning signal
Fri 21 th June 2024	2	3	1255 hrs
Sat 22 th June 2024	3	4	1055 hrs
Sun 23 th June 2024	3	4	1055 hrs
Mon 24 th June 2024	2	3	0955 hrs

- 6.2 A briefing will be held at 1100hrs on Friday 21th June 2024 in the SNL Club House. The 3 other days, daily briefings/debriefings will be held in the SNL Club House 90 minutes before the first start of the day.
- 6.3 One extra race per day may be sailed per class, as indicate NoR 7.3. To indicate this intention, the race committee boat will display Pennant n°4 during the last scheduled race that day.
- 6.4 On last racing day scheduled, no warning signal will be made after 1355 hrs.
- 6.5 To alert boats that a race or sequence of races will begin soon, the orange flag will be displayed with one sound at least three minutes before a warning signal is made.

- 7. CLASS FLAGS**
RS800 Red Pennant
RS400 Light blue Flag, RS400 quoted
- 8. RACING AREAS**
8.1 The location of the racing areas is defined in the **(NOR Appendix D) “Racing Areas”**.
8.2 The Racing Area chosen for the day will be specified during the daily competitors briefing.
- 9. THE COURSES**
9.1 The diagrams in **(SI Appendix A) “Courses”** show the courses, including the order in which marks are to be passed, and the side on which each mark is to be passed.
9.2 No later than the warning signal, the race committee shall designate the course to be sailed, and eventually will indicate the approximate bearing and length of the first leg of the course.
9.3 The course to be sailed will be indicated by pennants on the Race Committee Vessel.
- 10. MARKS**
10.1 The diagrams and informations in **(SI Appendix A) “Courses”** show marks form, color.
10.2 When a gate mark is used, if one or other of the gate marks is missing, the remaining mark shall be left to port. This changes RRS 34.
- 11. AREAS THAT ARE OBSTRUCTIONS**
The areas considered as obstructions are specified in the **(NOR Appendix D) “RACING AREAS”**.
- 12. THE START**
12.1 The starting line is between a staff displaying an orange flag on the race committee boat at the starboard end and the course side of the port-end starting mark.
12.2 *[DP] [NP]* Waiting boats: Boats whose warning signal has not been given must avoid the starting area while other boats are in starting procedure.
12.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 13. CHANGE OF THE NEXT LEG OF THE COURSE**
13.1 To change the next leg of the course, the race committee will move the original mark to a new position.
13.2 Minor course changes may not be signalled. This changes RRS 33.
- 14. THE FINISH**
The finishing line is between a staff displaying a blue flag on the race committee boat at the starboard end and the course side of the port-end finishing mark.
- 15. PENALTY SYSTEM**
See NoR 12.
- 16. TIME LIMIT**
16.1 The time limit for all fleets is 75 minutes.
16.2 Boats not finishing 20 minutes after the first boat to complete the course and finish will be scored as DNF without a hearing. This changes RRS 35, A4 and A5.
16.3 In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 60.1(b) and 62.1(a).
- 17. HEARING REQUESTS**
17.1 For each class, the protest time limit is 70 minutes after the last boat in that class has finished the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the ONB.
17.2 Hearing request forms are available from the jury office at the SNL Club House.
17.3 Notices will be posted on the ONB no later than 20 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
17.4 Hearings will be held in the jury room, located at the SNL Club House.
- 18. SCORING**
As per NoR 13.

19 SAFETY RULES [DP][NP]

- 19.1 [DP] [NP] A sign-out and sign-in system will be organized. The registration list of boats will be on a table at Club House SNL entrance. Competitors must have signed-out 30 minutes before first valid start of the day, and signed-in no later than 60 minutes after the AP + A flags have been set on the race committee boat.
- 19.2 [DP] [NP] Penalty for a boat not respecting sign-out or sign-in system is 20% of registered team in points at the closest race where signing system have'nt been respected.
- 19.3 [NP] Individual buoyancy gear is mandatory for competitors on their boats, except briefly for changing or adjusting a personal equipment. This change RRS 40.
- 19.4 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
- 19.5 Bowsprit use: the bowsprit may be extended only to set and carry the spinnaker.

20. REPLACEMENT OF CREW

[DP] Substitution of competitors is not allowed without prior written approval of the race committee or the jury.

21. EQUIPMENT AND MEASUREMENT CHECKS

[NP] A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and SIs.

22. OFFICIAL VESSELS

Official vessels will be identified with a SNL Flag.

23. SUPPORT BOATS

23.1 [DP] [NP] Support boats shall be identified with SNL Flag.

23.2 [DP] [NP] Support boats shall have on board :

- Life jackets (mini 50N) worn at all times by all persons on board
- VHF radio
- A knife
- An anchor and a suitable mooring line
- A towing line 10mm in diameter and 15m long

23.3 Support boat pilots shall comply with all requests from the officers or representatives of the organizing authority, particularly those concerning assistance.

23.4 Support boats shall comply with local sailing regulations, in particular speed limits in the various zones.

24. RESPONSIBILITY DISCHARGE

24.1 Competitors take part to the event at their own entire risk, accordingly to RRS 4. Organizing authority is discharged of any responsibility in case of material damage, wounding or death, occurring during racing, but also before and after racing have started and finished.

24.2 Competitors are entirely responsible of their own security, as well ashore as on the water.

24.3 Nothing in the Notice of Race, neither in the Sailing Instructions, neither anywhere else, could decrease this responsibility.

25. PRIZES

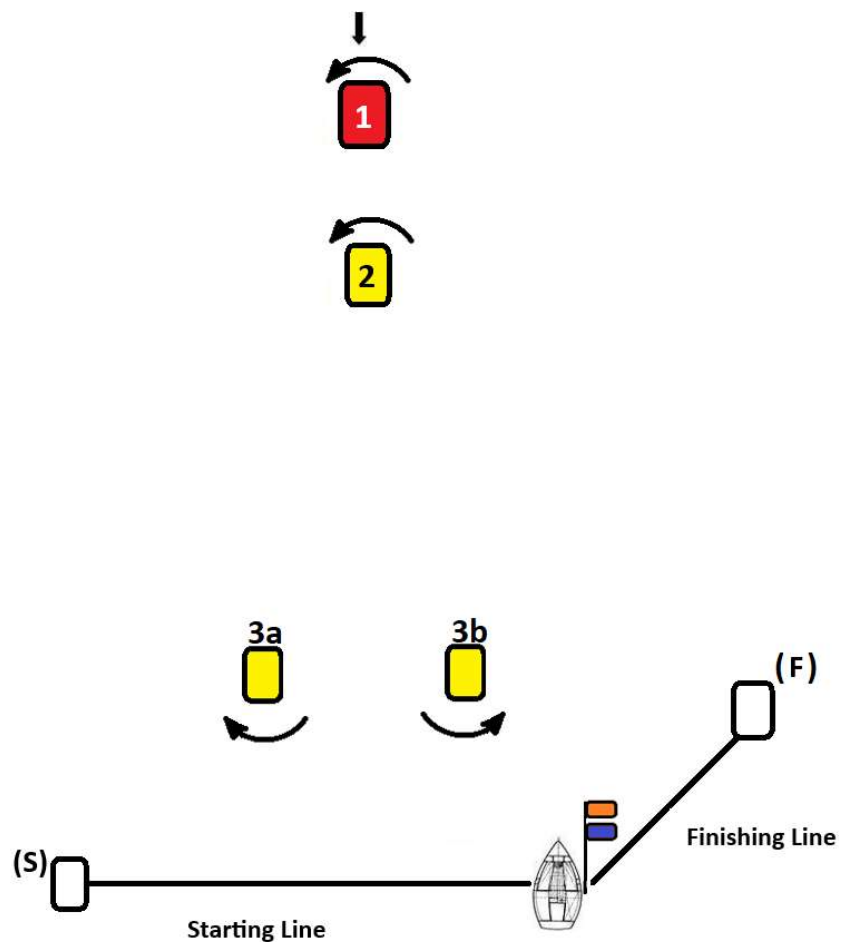
As per NoR 17

Race officials appointed:

Race committee chair: **Yves Lorber**

Jury chair: **François Lozachmeur**

(SI Appendix A) : "Courses"



Marks:

Mark "1" : Red cylinder

Marks "2", "3a", "3b" : Big Yellow cylinder

Marks "S", "F" : Medium White cylinder

Courses:

- RS800 : Course 2 laps (Pennant n°2) : Start - 1 - (3a/3b) - 1 - 3b - Finish
Course 3 laps (Pennant n°3) : Start - 1 - (3a/3b) - 1 - (3a/3b) - 1 - 3b - Finish
- RS400 : Course 2 laps (Pennant n°2) : Start - 2 - (3a/3b) - 2 - 3b - Finish
Course 3 laps (Pennant n°3) : Start - 2 - (3a/3b) - 2 - (3a/3b) - 2 - 3b - Finish
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